

# Join The Club!

## Club Membership

A yearly membership with BCKC includes:

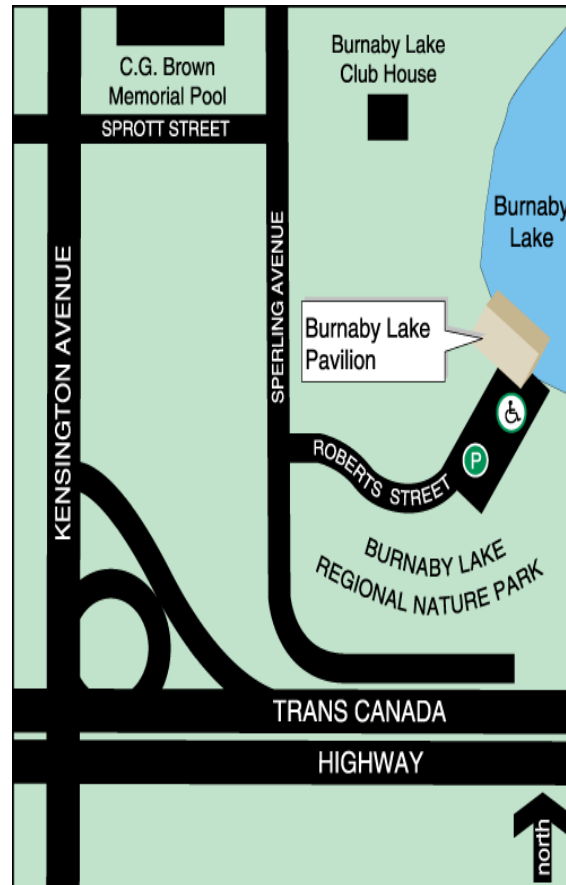
- Use of the boathouse washroom and shower facilities.
- Use of equipment including canoes, kayaks, life jackets and paddles.
- Coaching and supervision at open boathouse nights.
- Lots of fun with great people!

Annual club membership fees are very reasonable. Anyone using a boat will be required to pay the minimum Canoe Racing BC fee of \$5.00. Limited racing boat storage is available on a case-by-case basis; storage fees will apply.

*The BCKC boathouse at the Burnaby Lake Pavilion*



# Come Visit Us At Burnaby Lake!



The BCKC boathouse is located at the Burnaby Lake Rowing Pavilion located at 6871 Roberts Street, Burnaby BC, V5G 2B8.

**Contact: Lynn at 778-389-1170  
or email [info@burnabylake.com](mailto:info@burnabylake.com)**

# Burnaby Canoe and Kayak Club



## Competitive Canoeing and Kayaking for the whole family!

*Drop in for a Paddle..!*

*Every Thursday night from 6-8pm (May 12 – Sept 1), we provide boats and basic coaching for only \$5.00.*

[www.burnabylake.com](http://www.burnabylake.com)

# Who We Are..

The Burnaby Canoe and Kayak Club (BCKC) has been in operation for over thirty years providing community members an experience in the Olympic sport of sprint racing. This dedication to the sport has resulted in Burnaby paddlers winning many **Olympic** and **World Championship** medals!

# The **Olympic** Sport Of Flatwater Canoeing and Kayaking is fun..!

Sprint Racing is held over distances of 200m, 500m, 1000m, and 6000m. and is divided into two main categories, canoeing and kayaking.

**Canoes** are open boats where paddlers kneel on one knee and use a single bladed paddle. Canoeists paddle only on one side of the boat and steer the boat with the paddle.

**Kayaks** are closed boats where paddlers are seated and use a double bladed paddle. Kayakers steer the boat with a rudder controlled by their feet. There are also marathon events - Paddlers race in singles, doubles, and fours, as well as a fifteen-person boat called the 'War Canoe'.

# Programs..

## Community Racing Program

The Community racing program allows youth to experience the thrill of canoe/kayak racing without the learning curve often associated with the sport. Highly stable sit-on-top kayaks are used to learn the basics of kayak racing, and in less than two months participants are ready to race against teams from around the Lower Mainland.

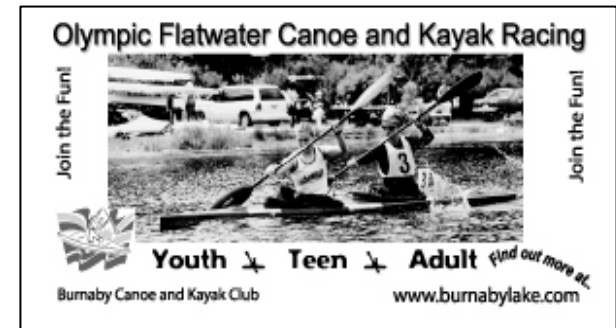
## Summer Day Camps

Each summer, the Burnaby Canoe and Kayak Club hosts a number of weeklong summer day camps at Burnaby Lake. These camps focus on teaching the exciting Olympic sport of Canoe/Kayak in a safety-first environment.



# Junior Canoe/Kayak Racing Team

The Junior racing program provides opportunities for youth aged 10- 18 to train for regional, provincial, and national competitions in the **Olympic** sports of flatwater Canoe and Kayak. Nationally certified coaches lead the team and training continues year round.



# Adult Canoe/Kayak Racing Team

Nationally accredited coaches provide technical and physical instruction. Members train for enjoyment and can enter local and provincial regattas. They have the option to compete at the annual CanMas regatta which the national championships for adult competitors.

BCKC is a member of Canoe Racing BC, [www.crbc.ca](http://www.crbc.ca) and the Canadian Canoe Association, [www.canoekayak.ca](http://www.canoekayak.ca)